



☑ Sunday 29.08.2010 World Ranking Event Long Distance ☑

CO Liège is happy to welcome you to the Belgian Long Distance Foot-O Championship.

☑ Organisers

CO Liège

Event director : Alain WATHELET (+32 475 555 732)

☑ Event Center

Stoumont (Belgium)

Open from 8h30 on Sunday 29 August 2010.

☑ Technical Staff

Course planner : Pierre Marchal

National controller : Wilfried Halmes

IOF Event Advisor : Eric Hully

Internal controller : Jacques Silvestre

☑ Classes

Men Elite (HE) - winning time 90'

Women Elite (DE) - winning time 70'

Programme

Warm-up card available at secretary (area close to the Start)
Race : Sunday 29.08.2010 from 10:00 to 13:00

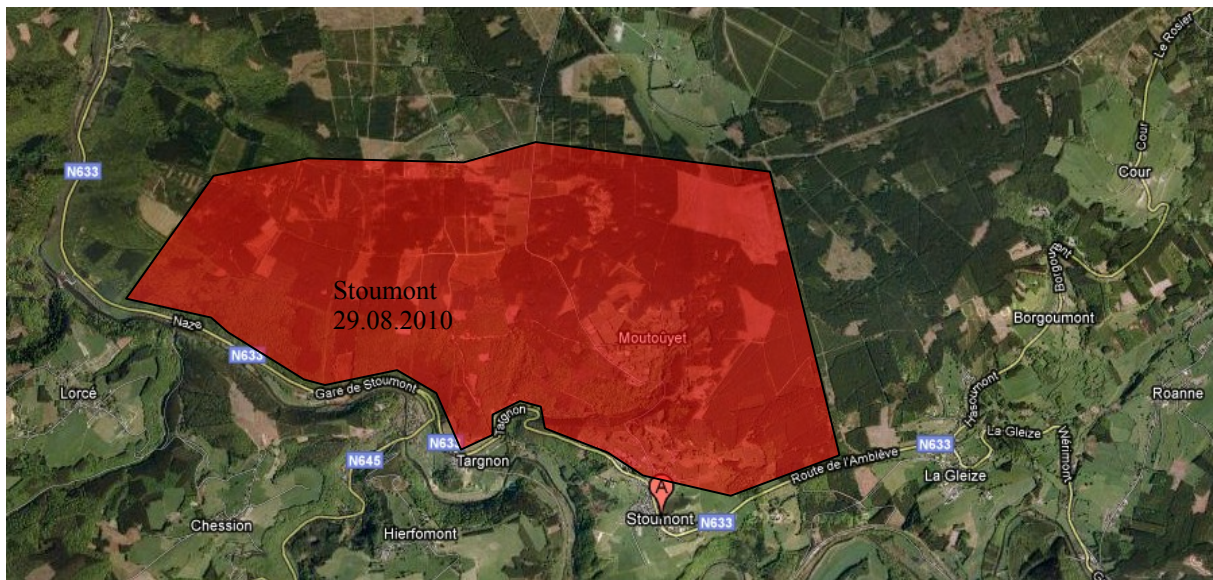
Map

Stoumont : scale 1:15000 / contour interval 5m / Spring 2010
Mapmakers : CO Liège
New terrain, never mapped

Terrain description and climate

This World Ranking Event will bring you on a map where no orienteer ever ran. Typical for East Belgium, the first zone has very detailed vegetation with smooth relief and good runability. On the south side, a very steep valley with fine contours and rocks will give you an other real challenge. The network of pathways and tracks is medium. Climate is tempered (seasonal temperature is 18-23 °C).

Embargoed area



☐ Entry

Fees : 5 €

Latest date for entry : 15/08/2010

Entry form : by club (for belgian club)

Check website <http://www.coliege.be> or <http://www.frso.be/course.php?id=1347>

Foreign runners pay on bank account IBAN BE50 0012 6131 2218 (BIC: GEBABEBB)

☐ Accommodation and food

For accomodation in the region of Stoumont, you can contact

[Stoumont - Accomodation](#)

[Aywaille –Tourist information](#)

Food and beverage are available at the competition centre during the event.

☐ Transport

By road E25 – exit 47 – signs from entries in Stoumont Village

For special travel needs, please contact CO Liège or any other belgian club.

☐ Contact

CO Liège

c/o Alain Wathelet

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